



## September Series: Grippped

### Devo and Prayer Handout 2

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This month's series "**Grippped**" is about **NOT** letting fear grip your life. Last week P. Mac kicked things off discussing the **Fear of Rejection**. While you may have experienced or are experiencing fear of rejection, you have to know that He has chosen you even if and when rejected by people. Be who God made you to be and go after the things God has for you. ***As you come to him, a living stone—rejected by people but chosen and honored by God. 1 Peter 2:4***

Sunday, we heard from Sarah, a student leader, who talked about "**Afraid to Fail**". She encouraged you to not let the fear of failure stop you from accomplishing things that God has for you but to allow the **STRENGTH, LOVE, and CONFIDENCE** of God to be present in your life to overcome the fear of failure. She reminded you that failure is an event, never a person and further, failure is not the end but it's the beginning of something new. ***So do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. Isaiah 41:10 NIV***

#### 1. What do you think it means to fail at something?

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#### 2. What are some of the most common things students your age are afraid of failing at?

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3. **What is one thing you would do or accomplish if you knew you would never fail at anything? Why did you say that?**

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4. **What ways can God strengthen us and help us in our failure? Share a personal example.**

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**Challenge for this week:**

What's one thing you're afraid of failing at? Talk to your group about a step you can take this week to succeed in it. Do whatever it takes. Trust God to strengthen and hold you up in and through it.

**Say this prayer:**

Lord, I know you're with me but sometimes I'm afraid to fail; I'm afraid to try something new or maybe something I've attempted before because I didn't have the outcome I desired. Help me to remember because of your presence in my life and through your **STRENGTH, LOVE, and CONFIDENCE**, I can overcome the fear of failure, even if things turn out differently, I can face whatever is before me and know you got my back. **In Jesus name, Amen.**